



Fairfield Glade Garden Club



May 2025 Newsletter



From the President

Where the green woods laugh with the voice of joy and the dimpling stream runs laughing by. When the air does laugh with our merry wit, and the green hill laughs with the noise of it. ———William Blake

The Past Month has held lots of stress for any of us involved in the scholarship committee and also the Geranium and Fern sale plus the bake sale. A very busy time for certain Garden Club members who lend their time and talent to the club's success. In addition, other things like graduations of family members, anniversary parties, weddings, wonderful Garden Club trips like the Goat farm - seeing baby goats born and then cuddling them - Holy Week and Easter Events and even the expo here in Fairfield Glade as well as the Master Gardeners special celebration time

and education offerings, family visits here and you going to visit them there.

Sometimes it feels overwhelming to have so many wanting your time and your help . One thing is that it does lead to getting to know each other and laughing at the slightest of things. Makes a big difference because laughter that is shared creates a bond of friendship. When people laugh together they cease to be young and old, master and pupils, worker and driver. They have become a single group of human beings enjoying their existence.

Humans are the only animal that laughs and weeps; for he is the only animal that is struck with the difference between what things are and what they might have been.

Have a fun spring enjoying the beautiful flowers and plants/trees as they bloom. watching your plants grow. It is so beautiful here in the Glade, the rhododendrons are magnificent this year as are many others. Enjoy and do not forget how important laughter is to us all!

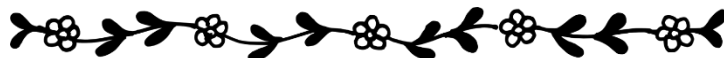
Sincerely,

Anne Bolter President 2025



Our **May 21st** meeting is the Scholarship
Brunch
at the
FG Community Church. Membership
meeting begins at 9am

**Scholarship
Brunch**



Travel Corner



May 7 - Johnson Nursery - trip full

May 20 - UT Plateau Discover Garden - trip full

A few reminders on trip procedures - adhering to these guidelines will help us to continue to offer fun and educational experiences:

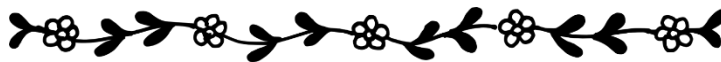
- Before signing up for a trip, be sure to check your calendar as trips are non-refundable.
- If you can't make it and want to recover your cost, you will need to find someone to take your place.
- Trips occur regardless of weather, please keep that in mind when signing up.
- You will receive an email 2-3 days prior to a trip if you are signed up. If for some reason you do not get, please contact me immediately!

Watch the newsletter for future trips.

Darlene Petersen - Fairfield Glade Garden Club Travel Chair

847-714-2153

petersendarlene@hotmail.com



2025 Spring Fern/Geranium Sale



2025 Fern & Geranium Plant Sale/Bake Sale

We had another successful year this year, selling about 1900 total plants. I just want to thank everyone who volunteered their time to make it happen. A special call out to our core plant sales team who man the cashier station (Pam Orlando, Liz Musial, Kathy Kuhagen and Anne Bolter - with special call out to my sis Pam Orlando for also helping set up the mall Wednesday night). To our treasurers Laurie Bentsen and Jean Parks, our entire pack and transport team especially Dixie Bernstein and Deb & John Martin who stayed on call transporting additional plants as needed. Our bake sale team especially Sue Niebuhr and Jan Priest for running the bake sale. Kathy Spancake whose wealth of knowledge is so valuable. And of course, all of you who came and helped customers during our four-day event. We couldn't do it without you!

[Darlene Petersen](#)

Fairfield Glade Garden Club Plant Sale/Bake Sale Chair

[847-714-2153](#)



Scholarships

Final scholarship committee meeting is Monday, May 12th at 10 am at Stonehenge. Scholarship Brunch is March 21 at **FG Community Church** , 9am.

We still have room at the brunch for more people, if you are interested please 985-709-1060

[Carolyn](#)



MARK YOUR CALENDARS!

MEMBER ONLY EVENT 9/17/25
CUMBERLAND MOUNTAIN STATE PARK
BLOOM !!!

Co-chairs:

Deb Boyle 847-924-2112

Tamiko Roberts 931-248-4030

Mary Stockton 253-549-5575

We are very excited to be co-chairing our event this fall! We love what we do! Sign up sheets will be available at the July and August meetings. Some things will be the same, with many surprises to come! Of course we focus on recycling and upcycling and so we are calling on you for your unwanted donations.

Please bring these items and anything relatable to the sharing table area each meeting and place them in the marked box.

There will be no Sharing Table at the May Luncheon. See you in June.

Artificial flowers and greenery

Floral wire, floral tape, floral blocks

Colored paper, packing paper, roll of paper

Ribbon, pipe cleaners, yarn, buttons

Call any co-chair with questions. It will be a **"BLOOMING"** good time



A Possible Solution to Alpha Gal Syndrome

Kat Rydz introduced Alpha Gal Syndrome (AGS) at the last membership meeting. Here is some additional information about this syndrome. AGS is a serious allergic reaction to alpha-gal, a sugar found in mammals, triggered by tick bites. My husband, Rick, had AGS for nine long months. It impacted many parts of our lives. Rick read the label of every single thing he ate. Eating out of our home was difficult, making travel challenging at best. The allergy may dissipate on its own over a period of years, or it may be a life-long problem.

We found a cure.

Some kind soul told us about Brandy Lynn, a licensed acupuncturist in Cookeville. She uses a simple technique using only one needle (the tiniest needle

you'll ever see). It is placed in a specific spot on the ear, covered with medical glue and a bandage. The needle remains in place for 3 weeks. This was a very quick procedure at an EXTREMELY REASONABLE cost.

Rick no longer has AGS problems. He combined two techniques to rid his body of the problem. He was extremely careful with his food choices and he used Ms. Lynn's acupuncture. Our lives are now back to normal.

Brandy Lynn

512-496-3319

brandyllynacupuncture@gmail.com

The Silver Fern

145 E. Spring Street – Suite B-1

Cookeville, TN 38501

Contact me for additional information.

Susan Borghi

Sborghi2006@JPS.net

ADDITIONAL INFORMATION

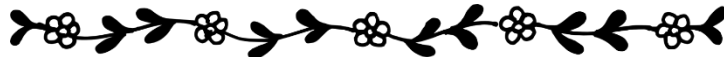
Reactions can be mild or life-threatening. Some things to know: Allergies are to mammalian meat (cow, rabbit, goat, hog, deer, lamb etc.) **and their by-products.**

Did you know Tylenol caplets are covered with a beef by-product? We didn't. Gelatin is a beef by-product.

Salad dressings and soups tend to hide 'dangerous' ingredients.

Cheese is a by-product from mammals (think cow and goat).

Beef hot dogs are obviously out. So switch to turkey franks. However, the turkey may be okay to eat, but the skins may be made of a pork product. (Read all labels).



Look what I dug up by Nathy Hill

Did You Know the Magnolia Dates Back Over 95 Million Years?

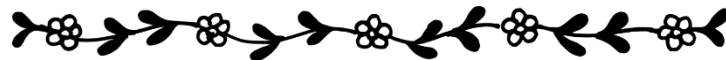
Magnolia trees and shrubs are among the oldest flowering plants in existence, dating back over 95 million years. These beautiful plants have not just witnessed the rise of dinosaurs but have also adapted uniquely to their environment.

One of the most interesting facts about Magnolias is that they evolved before bees appeared on Earth.

Instead of relying on bees for pollination, these ancient plants developed a unique partnership with beetles. Their tough flowers are specifically designed to endure the rough-and-tumble life of beetle pollinators.

Beetles are attracted to the fragrant blooms and, as they feast on the pollen, they inadvertently carry it from flower to flower, ensuring the plant's reproduction.

Text credit: Earth Unreal



Highlights:

FFG Garden Club Geranium and bake sale 2025 Total Sales

Ger - 1823

Fern - 150

Pet - 1

Donations - \$155

Bake Sale - \$640

Bake Sale Don - \$55

Cap4Kids - \$156

Total Deposits - \$17,107

Total earned for CCHS - \$12,961

Total earned for School - \$5,152

2024 Total Sales

Ger - 2515

Fern - 148

Donations - \$309

Bake Sale - \$576

Bake Sale Don - \$25

Cap4Kids - \$415

Total Deposits - \$22,977

Total earned for CCHS - \$17,375

Total earned for School - \$6,927



Spring Hours:

Mon - Fri 8-5pm

Saturday 8-4pm

Sunday 12-4pm

Come see us!

3321 Peavine Rd

Crossville, TN 38571

931-456-9050

Remember to bring your Garden Club badge to receive your 20% off on plants



**Who to call if
you have
questions
about:**

General
Information:

President: Anne
Bolter, (931) 337-
2463

Membership:
David Dean,
(503) 928-1867

Travel: Darlene
Petersen, (847)
714-2153

Sharing Table:
Mary Stockton,
253-549-5575

Hospitality: Ali
Reader, (815)
353-1997

Submissions for publication in this newsletter should be emailed to Peggy Mitchell at pamitch23@comcast.net by the 28th of each month

Web site - fggardenclub.com email - fggardenclub@gmail.com

Attachments: April meeting minute